

Helping Hands Lesson Plan, Daily Activity and Assembly

Based on pages 7 and 8 of Your Reach – Spring 2019

Lesson Plan

Introduction

This will help children think about how they prepare for Easter and what they can do during Lent to help those around them – both at home and at school. It will also help them plan and fulfil their plans.

What you will need

- Each child will need a copy of Your Reach.
- Activity Sheet “Make a Lent List” available at www.ReachNewspaper.com/teachers
- Pen or Pencil to write with
- Coloured pencils to colour in the Egg each day

Lesson

Start by asking the children to read page 7 of Your Reach. This will help them think about what they could do during Lent.

Ask the children to fill out the worksheet Make a Lent List

When they have completed the worksheet, ask the children what they have put in their list and write some of them on the board.

This might prompt some discussion and hopefully this will encourage the children to think about more things they can do. Also to think about how it helps those around them and how it helps them be a better person.

Ask the children to write something they can do to help people in each space of the Egg on page 8 of Your Reach. They can use the list they have made, the suggestions other children have made and anything they have thought of during the class discussion. They will have to just write a one or two words in each space – not a big explanation. If they cannot fit the writing in they could always number each space and then write the things they have to do on another sheet of paper.

Ask them to fill out as many of the spaces as they can.



Don't forget Your Reach is packed full of FUN, PUZZLES and lots to think about!



If they have spaces left – ask them to look at what they have already written and decide which ones are the best ones. And they can write those more than once.

When they have completed the egg, explain that they will have until Easter to do each task. Once they have done it – they can colour in that space – or they could even do a little drawing to represent what they did.

Daily Activity

Each day for the rest of term set aside 5 minutes at the beginning and the end of the school day.

In the morning ask the children if they have done anything at home that was on their list to help people. If so colour it in. Then ask them to think about what they will do during the day at school.

At the end of the day ask the children if they have done anything at school that was on their list to help people. If so colour it in. Then ask them to think about what they will do the evening when they get home.

Possible Assembly

Ask the children to write a prayer based on page 7 – downloadable activity sheet “Write a Prayer” available at www.ReachNewspaper.com/teachers.

They could also draw pictures of what they will do during lent – downloadable activity sheet “My Lent Drawing” based on page 7 – available at www.ReachNewspaper.com/teachers.

Appoint children to introduce the assembly and explain what you have been doing in class.

Choose some children to show their Eggs and some to explain what they have chosen to do and the progress they have made.

If you have time in the assembly and you want to include more children you could get the children to put together a small drama about helping people.

Ask some children to show their pictures and explain what they show.

Choose some children to read their prayers to finish the assembly.